

Daily Tasks

Each Morning (before noon)

1. Open up the RNI Health app to complete your morning session. When prompted on the home screen, you will answer some questions and play the cognitive task.

Anytime throughout the day

1. Open up the RNI Health app to enter in your temperature. You may take your temperature using any type of thermometer you have available. You may also choose to complete this task during your morning or evening sessions.
 - Open Diary, then press Plus sign, then select Thermometer to enter your data, submit

Each Night (before midnight)

1. Open up the RNI Health app to complete your evening session. When prompted on the home screen, you will answer some questions and play the cognitive task.

*RNI Health APP

