

WV EDIT

Eating Disorder-Interdisciplinary Team

WVEDIT is an integrated multidisciplinary treatment team that addresses the needs of individuals with disordered eating by evaluating children, adolescents, and young adults (up to 26); identifying specific needs; developing a treatment plan; and coordinating care. We strive to integrate treatment for mind and body utilizing an evidence-based approach.

Professionals across multiple disciplines, including psychiatry, adolescent medicine, psychotherapy and dietary are involved in the patient's recovery process. These team members are within WVU Medicine as well as with select external providers.

This approach ensures that specialists in each area collaborate to help patients address their disorder and work towards recovery.



For referrals, please contact EDIT's case manager:

Services provided:

- **Psychiatry medication evaluation and management**
- **Medical evaluation and management**
- **Family based treatment and/or individual therapy for eating disorders**
- **Nutrition evaluation and management**

Those who will benefit from the clinic include those with:

- **Issues around eating**
 - Not eating or eating very little
 - Loss of control around food
 - Secretive eating
 - Eating large amounts of food
 - Guilt or shame around eating
- **Fears of getting fat**
- **Low body weight**
- **Rigid rules around eating**
- **Vomiting following meals**
- **Excessive and/or rigid exercise routines**
- **Misuse of certain medications** (laxatives, diuretics, or diet pills)

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