

Parent Management Training Clinic

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Services Provided:

- ✓ Parent management training (i.e., behavior management with family) for noncompliance, defiance, or mild-to-moderate aggression associated with diagnoses of attention-deficit/hyperactivity disorder (ADHD) and/or disruptive behavior disorders (DBD)
- ✓ Parent management training is a “hands-on” treatment that involves caregivers learning evidence-based techniques that have been designed for children who present with challenging behaviors associated with ADHD or DBD

Requirements:

- ✓ 2-10 years of age
- ✓ Disruptive behaviors present at home and/or in public (learned techniques can also be translated into the school, as needed)
- ✓ At least one willing caregiver must engage in the therapy, ideally on a weekly basis.

What We Provide:

- ✓ Help improving child compliance
- ✓ Help improving child respectful behavior
- ✓ Help reducing child back-talk and outbursts
- ✓ Help reducing mild-to-moderate child aggression



What We Do Not Provide:

- ✓ Treatment for Conduct Disorder that requires a higher level of care
- ✓ Treatment for violent uncontrolled aggression creating safety concerns
- ✓ Treatment for Autism Spectrum Disorder, Intellectual Disability/Mental Retardation, or other significant development disorders (e.g., ABA, social skills training)
- ✓ Treatment for academic performance, learning issues, or memory problems (e.g., learning/cognitive challenges, poor memory)