

Take the First Step

You are stronger than you know, and recovery is possible.

Whether you're seeking treatment for yourself or support for a loved one, the Comprehensive Opioid Addiction Treatment (COAT) program provides compassionate, comprehensive care designed to meet you where you are.

Our team of providers and peers will work with you to build a personalized plan for long-term recovery.

What you can expect:

- Judgment-free, confidential care
- A supportive community of people who understand
- Evidence-based treatment tailored to your needs
- Hope, healing, and the chance to reclaim your life

Your recovery journey starts with a single step. We're here when you're ready.

Call us today:

304-598-4214

Monday – Friday, 8 a.m. – 5 p.m.

Recovery isn't easy — but you don't have to do it alone.



Healthy Minds Chestnut Ridge Center

930 Chestnut Ridge Road • Morgantown

Phone: 304-598-4214

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Comprehensive Opioid Addiction Treatment (COAT)

A compassionate, structured approach to recovery

WVUMedicine.org/AddictionServices

Hope Begins Here

Many have experienced the struggle of attempting abstinence without success.

The Comprehensive Opioid Addiction Treatment (COAT) program provides professional, evidence-based support for those living with opioid use disorder.

We believe strongly that recovery takes time, commitment, and help. COAT offers a supportive path that includes:

- Medication for Opioid Use Disorder (MOUD)
- Group-based therapy and support
- Individualized care from a team of medical and behavioral health professionals

Your care team may include:

- Physicians
- Nurse Practitioners
- Clinical Therapists
- Case Managers
- Medical Assistants
- Peer Recovery Support Specialists

These highly qualified staff members work closely together, so participants can get the most out of their treatment.

We are committed to assisting you in your journey toward sobriety and recovery.

Getting Started

Welcome to the Comprehensive Opioid Addiction Treatment (COAT) program.

To be considered for the program, individuals may need to complete an intake evaluation. During this evaluation, individual history and needs will be considered.

If COAT is recommended, the next steps include:

- Signing a program agreement
- Scheduling your first clinic visit
- Determining in-person or telemedicine format with your care team

Each clinic visit may include:

- Group sessions
- Medication management
- Peer and individual support
- On-site, random drug screenings

Medications for OUD

There are several medications that are approved for the treatment of Opioid Use Disorder (MOUD). Options include daily sublingual (oral) and long-acting injectables.

The medication and dosage will be agreed upon by the medical prescriber and patient. Patient will be required to participate in random medication counts to support accountability and safety.

Group Options

Recovery is a journey. COAT offers multiple levels of group-based treatment to meet your needs:

- **Beginner Group:** Participants will meet in this group once per week until they have 90 consecutive days without using any prohibited substances.
- **Intermediate Group:** Participants will meet twice per month until they have 365 consecutive days without using any prohibited substances.
- **Advanced Group:** Participants will meet once per month until they have 3 consecutive years without using any prohibited substances.
- **Bi-Monthly Group:** All participants in the Bi-Monthly Group meet every other month, and do not participate in group therapy.
- **Pregnancy Group:** Participants will meet either weekly or bi-weekly, depending on their sobriety level. This group assists in addressing the special clinical needs of women who are pregnant.
- **aCOAT:** Applied COAT (aCOAT) for those who are consistently struggling with their sobriety. Participants will meet twice per week for 30 to 45 days.

Note: Participants must demonstrate an active recovery lifestyle and be in compliance with the COAT program requirements prior to transitioning to the next level group.